



Beaconsfield News

www.beaconsfieldmedicalpractice.co.uk

NEWSLETTER NO 14

AUTUMN/WINTER 2011

NOTICE BOARD

- Our hours are now Monday-Friday, 8.00 to 6.00, with no lunch break. We cover emergencies until 6.30. Monday evenings by appt to see a doctor or nurse. Sat mornings are still the same, from 8.30 to 10.
- You asked—We did! We have now installed a new water dispenser on the 4th floor. Also, comment boxes are now on each floor.
- Are you booking your appointments and ordering repeat prescriptions online yet? Please allow 2 full working days for repeat prescriptions, and please note, we are unable to take prescription requests over the telephone. Ask at reception for details, photo ID required.
- Receive this news via email, complete the form on our website.
- Do we have your up-to-date mobile and land-line numbers, email and home addresses?

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Flu Jabs save lives!

Book your vaccination to fight the Flu now

In last year's flu season (Sep-May), the Health Protection Agency reported 602 deaths from influenza across Britain, and 75% of these deaths were in unvaccinated patients.

We aim to improve our vaccination programme this year, and invite you to check and see if you are within a group eligible for a free flu jab. Flu jabs significantly reduce the chance of you getting flu, and so reduce the serious complications of flu (such as hospitalisation, pneumonia, days off work and school), and help you to stay healthy during the winter.

It is really important that you get vaccinated early in order to reduce the

risk of spread and transmission. Last year many patients requested vaccination too late in the season to provide maximum effectiveness.

If you are uncertain about your eligibility, please see the box below, or speak to the practice nurse or your GP, so that we can advise you.

ARE YOU ELIGIBLE?

- All people aged 65 and over.
- All those aged 6 months or over in a 'clinical risk group' (for example, diabetes, history of heart disease, ongoing lung problems such as asthma, kidney disease, stroke, COPD).
- Patients who take medication which lowers their immune function (long term steroids, chemotherapy drugs, methotrexate, transplant patients, HIV patients).
- All pregnant women—at any stage of pregnancy.
- People living in long-stay residential care homes or other long-stay care facilities.
- Those who are in receipt of a carer's allowance, or those who are the main carer, or the carer of an elderly or disabled person whose welfare may be at risk if the carer falls ill.
- Frontline health and social care workers (NHS frontline admin staff, doctors, nurses, paramedics).

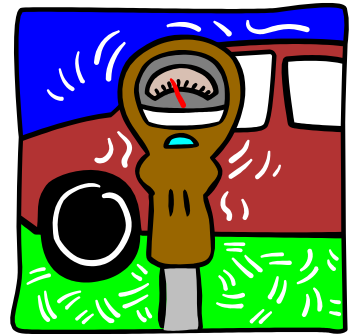
We need your Views

If you would like to have your say about the services provided here at the Practice, please join our Virtual Patient Participation Group by supplying your email to Reception, or via our website. Also on our website, from the 1 December, our Online Forum goes live. **We hope to hear from you!**

PARKING RESTRICTIONS PLANNED FOR PRESTON PARK

Brighton & Hove City Council have a Proposal to restrict parking in and around Preston Park. These are: To limit parking in the park to two areas, known as The Gallops and The Ride; to have designated disabled parking bays close to the picnic area and central pathway; to increase length of stay to 11 hours in south section of Preston Park Avenue; to introduce parking charges in the park, £0.50 for 1 hour, £1.00 for 2 hours, £2.00 for up to 4 hours, between the hours of 8am and 8pm.

If approved the Council propose to carry out works Spring 2012. The survey finished on 30 September, but please still contact the Council with your views.



STAFF NEWS



Congratulations to **Dr Jonny Coxon**, (left) who has a lovely daughter, born in May. Welcome to the beautiful **Edith Joy**, (below left) and as you can see, she's got him in the palm of her hand...

Also welcome to our new junior doctors, who both joined the Practice in August. **Kaye Wright** is our Registrar, and will be with the Practice for a year. **Fiona Tasker** is our new FY2 doctor. They will be working under our GPs' supervision.

Dr Zoe Schaedel will be back from maternity leave on 17 October, working on Mon-

days, Thursdays and Fridays.

Dr Liz Green has changed hours and is now working on Mondays, Weds and Fridays.

A sad farewell to **Dr Fumane Kokoali**, who has completed her training, and we wish her good luck in her future career.

Sue Angell took over as our new Practice Manager on the 1st July.

Finally, we are delighted to report that **Dr Rupert Hutchinson**, MBBS BSc MRCGP, will be joining the Practice as a Partner from 1 November, working on Weds



The Beaconsfield Team would like to wish their patients and Colleagues a very Merry Christmas and a Happy New Year!

